SIGMA KAPPA AND CANCER

Also in this issue:
• NPC Interim Session
• Collegiate and Alumnae Panhellenic Leaders
• Sigma Kappa's Newest Chapter, Kappa Omicron
A SISTERLY RIVALRY

Collegiate Chapters Unite for Football, Fun

College football has long been the source of many intense school rivalries. But for collegians from Alpha Delta, University of Tennessee, and Beta Tau, University of Florida, the weekend of September 20, 2008, was about much more than a football game. That weekend, the Alpha Delta chapter hosted its 2nd annual Sigma Kappa tailgate at the Tennessee vs Florida football game. Members from Alpha Delta and Beta Tau spent a weekend getting to know one another, sharing traditions, and, of course, cheering on their football teams. The Alpha Deltas hosted the Beta Taus in their sorority apartments and had a great time showing the Florida women around Knoxville. On the day of the game, the sisters got ready for the tailgate together and made their way to the stadium, where the Sigma Kappa tent featured Sigma Kappa cupcakes, cookies, chips and dip, Chick-fil-A, and many more treats. The members enjoyed eating together while sharing Sigma Kappa stories. With the start of the game, they were once again school rivals, but they will always remember the weekend that their sisterhood grew not only larger but stronger.

Dear Sigma Kappa sisters,

It is one word that every woman dreads hearing: cancer. This one word can drastically change the life of the person affected as well as the lives of the people around her. Nearly all of us will be affected by cancer at some point in our lives, whether through a personal diagnosis or that of a friend or loved one.

For this reason, the Winter 2009 issue of the Triangle discusses cancer, some of the ways Sigma Kappa members have been affected, and what you can do to help reduce your risk. You’ll read about an alumna who is literally going to great heights to help find a cure and a group of sisters who supported each other through a tragic loss, as well as get answers to some commonly asked questions about cancer.

It is estimated that 692,000 women in the United States were diagnosed with cancer in 2008, and 271,530 women died that year. This winter, the season of New Year’s resolutions, we should all resolve to do our part in decreasing those numbers in 2009. By staying informed and taking care of ourselves, our friends and our families, we can help reduce our risk of being affected by this life-changing disease.

In Sigma Kappa,

Mallory R. Curtis, Delta Delta Sigma Kappa Triangle editor
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Cover: The lavender ribbon represents general cancer awareness.

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SIGMA KAPPA ANNOUNCES TWO NEW COLONIZATIONS

National council is pleased to announce that Sigma Kappa has expanded into South Carolina, becoming the newest sorority at Clemson University in Clemson, South Carolina. The new chapter will be the first in South Carolina since the closing of Beta Beta in 1943. Founded in 1889, Clemson University is a top-tier research institution enrolling 17,000 students.

Sigma Kappa was selected to colonize after presenting with two other National Panhellenic Conference groups this past November. The colonization has been met with much excitement and support from the Clemson Panhellenic. For their diligent and tireless work, national council would like to thank the colonization team, the area alumnae, and the area collegians who represented Sigma Kappa with enthusiasm and pride.

The colonization took place January 28-February 1 on the Clemson University campus. Installation and initiation is set for late April 2009.

For more information on colonization, installation and/or initiation activities, please login to the For Sisters Only portion of the Sigma Kappa Web site. You may also contact Kelly Jeffrey, collegiate extension specialist, at kjeffrey@sigmakappa.org or 317-381-5521.

It is with great pleasure that national council announces that Sigma Kappa has become the newest sorority at the University of California, Irvine (UCI). Located in California’s famed Orange County, UCI is a major intellectual and cultural center, enrolling 24,000 students.

University of California
IRVINE

With more than 300 student organizations, the UC-Irvine Panhellenic welcomed Sigma Kappa with open arms and continual support. To the colonization team, the area alumnae, and the members of the local chapters who represented Sigma Kappa with passion and professionalism, national council would like to extend a heartfelt thank you.

At the time of printing, the colonization was scheduled for February 2009.

A Sigma Kappa tradition, unique to newly installed chapters, is the presentation of the money tree/new chapter contributions. Upon installation, sincere messages of welcome and congratulations, and monetary gifts are presented to the chapter as an expression of the excitement of welcoming a new chapter into our sisterhood. These personal or chapter messages and gifts become part of the history of the newly installed chapter and affirm our strong bond of sisterhood. Gifts range from $5 and up and are not tax-deductible. You are invited to share in Bringing Sisterhood to Life for our newest chapters by sending your gifts and warmest wishes to the local New Chapter Province Officer.

For Clemson University:
Kandy Crump
3670 Windlake Drive
Snellville, GA 30039
kamcrump@yahoo.com

For University of California, Irvine:
Kelly Scanlan
20431 Via Celestine
Yorba Linda, CA 92887
kscanlan@aeg-la.com

Thank you for supporting the newest members of our sisterhood.
Photographer Kim Mangan Shokouhi, Gamma Alpha, University of Northern Colorado, has been chosen as a 2008 pick for The Knot Best of Weddings magazine. The Knot Best of Weddings is a coast-to-coast guide to the best wedding venues, florists, dress shops, photographers, bakeries, and more. It is published by The Knot Inc., the #1 wedding Web site on the internet. The Knot conducted a survey of over 20,000 recent brides to capture detailed feedback on the businesses they used for their weddings. These ratings were aggregated to create the Best of Weddings list.

Kim Shokouhi Photography serves the Chicago and Denver areas. She specializes in photojournalistic wedding photography as well as family, baby, and engagement photos. Kim began her photography business in 2002 after a 20-year-long interest in photography. Kim says, "I photograph weddings with an unobtrusive approach and strive to capture the true emotions of individual personalities."

Nicole D. Flier, Theta Kappa, University of Southern California, has received the Young Professional ATHENA Award from the Chamber of Commerce of the Palm Beaches. Nicole is Director of Business Development for James A. Cummings, Inc., a south Florida general contractor. She is very involved in the community and serves as a member of the Builders Board of Appeals for the Boca Raton City Council, 2008 South County "GO RED" Chairman for the American Heart Association, co-founder of the young professionals 20s-40s networking group "South Florida YIPs," and board member of ORBIS, a Broward County-based young professionals organization. Additionally, she has taught and mentored young female students from several area schools.

The ATHENA Awards honor individuals, businesses, and young professionals in the Palm Beaches area who have achieved professional excellence, actively served the community, and helped women to reach their leadership potential.

CHANGE IS COMING TO THE TRIANGLE!

Starting in Summer 2009, Sigma Kappa will be unveiling the new digital edition of the Sigma Kappa Triangle. The digital magazine will include many exciting interactive features such as search capabilities and live hyperlinks, while still delivering all the informative and entertaining content you have come to expect from the Triangle.

All members with a valid e-mail address will receive the digital magazine, so don't get left out of this exciting new change! Log on to For Sisters Only on the Sigma Kappa Web site (www.sigmakappa.org) and update your profile to make sure you receive your digital issue in Summer 2009. Sigma Kappa is moving into the future of digital information... are you ready?
The National Panhellenic Conference (NPC) met October 16-18 for the 2008 Interim Session at the Marriott Evergreen Conference Resort in Stone Mountain, Georgia.

The meeting was a “working session” with three town hall meetings and one general session, all of which reflected the work done by the board of directors, the Executive Committee and the NPC standing committees on strategic initiatives to advance the Conference.

The 26 inter/national presidents, executive directors and the NPC Foundation conducted their own group meetings during the session. All attendees had the opportunity to meet the 49 sponsors, either at their booths or during the sponsor luncheon.

**Town Hall Meetings**

**New Media Initiatives**

Representatives of Mediasauce presented a proposal to project the appeal of joining an NPC member group to potential new members and parents. Under the proposed “Sorority Life” brand, Mediasauce will launch several electronic media tools to help NPC reach various audiences and to publicize the sorority experience.

Mediasauce and Kyle Communications, both Indianapolis-based companies, were selected in July 2008 to coordinate and lead NPC’s public relations and marketing needs.
NPC Long Range Plan
The NPC Long Range Planning Committee presented its report on its review of the 2005-2010 plan and its focus on the goal of organizational effectiveness. Led by Carol Warren, Pi Beta Phi, the committee was directed to provide the Conference with a forum to discuss how to improve current operations and to make recommendations on how to pursue a new and different course of action.

The committee proposed several resolutions to improve organizational effectiveness, which were considered during the general session. Committee members also facilitated small-group discussions to address opportunities for action in the following areas:

- Role of the delegate and the alternate delegates
- Appointment of committee chairmen and committee members
- Method of conducting Conference business
- Necessity of Conference rules and regulations
- Executive Committee term
- Importance of trust and transparency

Recommendations and areas of consensus reached by the small groups were presented to the Conference for consideration by Warren and committee members Karly K. Burns, Delta Zeta; Jana Clayton, Alpha Delta Pi; Carol Coordt, Kappa Delta; Betsy Sierk Corridan, Kappa Alpha Theta; Jennifer Daurora, Alpha Chi Omega; Kathleen Salisbury Massie, Delta Delta Delta; and Lori White Scott, Alpha Sigma Alpha.

Task Force on Social Practices
Earlier this year, the Task Force on Social Practices reviewed the Big Ten Social Policy Initiative. The NPC representatives on the task force are Susan Danko, Alpha Omicron Pi; Robin White Fanning, Phi Mu; Julie Johnson, Kappa Delta; and Carol Warren, Pi Beta Phi.

At the Interim Session, the NPC members of the task force discussed several universities' initiatives to address the alcohol culture on campuses. Those activities include peer-monitoring programs, co-sponsored event policies, and other programs. Legal Counsel Julia Church Kozicki, Tau, Indiana University, acted as the task force facilitator and presented its findings at the conference.

General Session
One general session conducted the business of the Conference, which included several amendments to the bylaws. Delegates voted on the name of the annual meeting of the Conference, the order of the rotation of the secretary and treasurer on the Executive Committee, the term of office of the Executive Committee, discipline, and the Membership Recruitment Acceptance Binding Agreement (MRABA).

Delegates also voted on two general resolutions: a College Panhellenic dues increase and National Advisor Appreciation Month. Resolutions that passed are posted on the NPC Web site and on member group Web sites.

2009 Annual Meeting
The 2009 NPC annual meeting (formerly called the Biennial Session) will be held October 8-11 at the Tampa Marriott Waterside Hotel & Marina.
Sigma Kappa recognizes the devoted leadership and contributions of the women listed on these pages. They serve in their college/university and local communities as Panhellenic presidents, meeting the challenges and rewards of leadership in the world’s largest women’s organization - the National Panhellenic Conference.

Brenna King, Alpha Mu, University of Michigan

Julia Lyskawa, Alpha Tau, Michigan State University

Madison Osborne, Alpha Chi, Georgetown College

Kathleen Fitzgerald, Beta Eta, University of Massachusetts-Amherst

Kathryn Patton, Beta Theta, Marietta College

Heather Rutherford, Beta Nu, Bradley University

Bethany Laskowski, Gamma Beta, Western Michigan University

Jennifer Cornwell, Gamma Upsilon, California University of Pennsylvania
Amy Demonbruen, Epsilon Zeta, Western Kentucky University

Robyn Somers, Theta Epsilon, University of California-Riverside

Celia Massino, Theta Eta, University of Nevada-Las Vegas

Kelly Gunio, Theta Iota, State University of New York College at Fredonia

Tiffany Guo, Theta Lambda, Massachusetts Institute of Technology

Meredith Rielly Lewis, Theta Phi, University of Tennessee-Chattanooga (outgoing president)

Danielle Wright, Theta Phi, University of Tennessee-Chattanooga (incoming president)

Jacki Jenkins, Kappa Beta, Grand Valley State University

Meghan Kane, Kappa Tau, Saint Louis University

Amy Hyland, Kappa Lambda, North Georgia College and State University

Becky Edwards Douglas, Eta, Illinois Wesleyan University

Madora Clodfelter Parmentier, Alpha Gamma, Washington State University

Kathy Corbin Carter, Gamma Cbi, Stephen F Austin University

Katie Dreyer Hall, Theta Omicron, Arizona State University

Mia Frankel, Delta Pi, Lock Haven University of Pennsylvania • Katy Westgaard, Epsilon Omega, California Polytechnic State University

Kristina Miller, Theta Beta, University of LaVerne • Kimberly Ramirez, Kappa Xi, University of Nevada-Reno

Mary LoCoco LaBorde, Epsilon Beta, University of New Orleans, Acadiana (LA) Alumnae Panhellenic

Not Pictured: Megan Woodburn, Gamma Alpha, University of Northern Colorado • Jennifer Tackett, Gamma Gamma, Indiana State University

www.sigmakappa.org
Show Your Sigma Kappa Pride!

Wear your badge on NPC International Badge Day, March 2, 2009
SIGMA KAPPAS AND CANCER

Climbing For A Cure: Deborah Steinberg

FAQ: Women and Cancer

Lean on Me: Epsilon Omicron Alumnae

The lavender ribbon is a symbol of cancer awareness.
Many people have causes about which they are passionate as well as activities they love to do in their spare time. Not many are able to combine those pursuits, but Deborah Steinberg, Alpha Omicron, University of California-Los Angeles, took a favorite pastime and turned it into an opportunity to raise money for a cause close to her heart. Deborah is attempting to climb all 15 of California’s 14,000-meter peaks to raise funds for STOP CANCER, an organization focused on cancer research.

Growing up in Encino, California, Deborah learned to love nature from a young age. She was first exposed to the outdoors in Girl Scouts and later took every opportunity she could to hike, ski, backpack, and rappel, including school excursions, church trips, and Explorer Scouts. When she went to college at UCLA, she described herself as a “naive and sheltered” student but was convinced by a high school friend to participate in sorority recruitment. They both joined Sigma Kappa because “it was where we fit in the best.” Being a member of Sigma Kappa greatly helped her with social interaction, poise, and responsibility and strengthened a love of philanthropy already instilled in her by her grandmother, who was involved with many charities throughout her life.

After graduating from UCLA, she moved on to the University of California-Berkeley for optometry school where she met her husband, Ross Redding. “Our second date was hiking the Dipsea trail in Marin County, and by the time he told me
Deborah Steinberg

he enjoyed backpacking I knew I had found my match.”

Although Deborah has loved the outdoors nearly her whole life, she did not begin to get seriously involved with adventure activities until she joined Modesto’s Adventure Club in 1991, founded by her friend Adrian Crane. “When I joined I was invited to try snowshoeing, snow camping, and rappelling with him. Adrian was always going on all sorts of adventurous trips and was very keen to invite others along to try new outdoor skills.”

By 2006, Deborah felt she was in good enough shape to make an attempt at her first mountain, Mt. Shasta, the fifth-highest peak in California. She summited on that attempt, then tried again in the winter of 2007 along a different route. She did not make it to the summit the second time, but the failure made her realize she needed to train specifically for mountaineering. In February 2008, she tried the same route again and succeeded.

While Deborah was enjoying lunch with her group after the climb, she asked Adrian what their next adventure was going to be. “That was when he mentioned that he always wanted to climb all the rest of the California 14ers [mountains over 14,000 meters].” Deborah was up to the challenge, but knew it would be a grueling and difficult process that would require plenty of hard work and motivation.

To help her with her new goal, she decided to climb for a charity as an additional incentive to make it up each mountain. She lost her mother-in-law and Adrian lost his brother to cancer, so STOP CANCER was a natural choice for the two. The other member of their group, Ray Kablanow, chose the Howard Training Center, which is dedicated to improving the lives of people with disabilities. They decided to call their project Climb for a Cure.

On every climb, Deborah brings one or two mementos of friends or family that have struggled with cancer. “Knowing that I need to get someone’s memento in the summit box keeps me from giving up.” She compares her journey to that of her friend Kristin Machado’s battle with cancer. “She endured months of chemotherapy treatments because she was doing it for her family and three children. She knew giving up was not a possibility.”

In addition to raising awareness for their cause and climbing for friends and family who have been affected by cancer, the group is also using their challenge as a way to raise money for cancer research. Adrian put together a Climb for the Cure Web site (www.goldrushar.com/14ers.htm) with photos and humorous stories of each climb, as well as opportunities to learn more about STOP CANCER and Climb for a Cure. They also carry a SPOT...
satellite-tracking device on each climb so that anyone can follow their progress on the Web site via Google Earth. Currently, Deborah and her team have summited five of the 15 California 14ers, with their next climb scheduled for March 2009. They hope to finish sometime in late 2010 with their final climb, which will be open to anyone who would like to come along. They will also hold a fundraiser dinner with a slide show and raffle prizes. Their goal is to raise $30,000 for cancer research by the end of their endeavor.

When asked if she had any advice for women who would like to start raising funds or awareness for a cause, she said, “Pick something meaningful for which you have a passion. Likewise, pick a means of fundraising that you enjoy doing, and make connections everywhere! You never know who will be interested enough to be motivated to help your cause.” She also suggested making it easy to donate and taking advantage of every opportunity to make your cause known. Deborah is an inspirational Sigma Kappa who is going to great heights for a cause close to her heart.

To learn more about Climb for a Cure and STOP CANCER, go to the Climb for a Cure Web site www.goldrushar.com/14ers.htm

Deborah with fellow members of Climb for a Cure, Ray Kablanow and Adrian Crane.
FAQ: WOMEN & CANCER

What exactly is cancer?
Cancer is the general name for a group of diseases in which cells in a part of the body begin to grow out of control. Cancer cells develop because of damage to DNA, the substance that directs all of a cell’s activities. Most of the time, when DNA becomes damaged, either the cell dies or is able to repair the DNA. In cancer cells, the damaged DNA is not repaired.

How common is cancer?
One-third of all women in the US will develop cancer during their lifetimes. Over one million people get cancer each year. Anyone can get cancer at any age; however, about 77% of all cancers are diagnosed in people age 55 and older.

What are the most common types of cancer in women?
The five most common types of cancer diagnosed in women are skin cancer, breast cancer, lung cancer, colorectal cancer, and uterine cancer.

What are the risk factors for cancer?
Risk factors for cancer can include a person's age, sex, and family medical history. Others are linked to cancer-causing factors in the environment. Still others are related to lifestyle choices such as tobacco and alcohol use, diet, and sun exposure.

Having a risk factor for cancer means that a person is more likely to develop the disease at some point in their lives. However, having one or more risk factors does not necessarily mean that a person will get cancer. Some people with one or more risk factors never develop the disease, while other people who do develop cancer have no apparent risk factors.

Different kinds of cancer have different risk factors. Some of the major risk factors include the following:
- Cancers of the lung, mouth, larynx, bladder, kidney, esophagus, and pancreas are related to tobacco use, including cigarettes, cigars, chewing tobacco, and snuff. Smoking alone causes one-third of all cancer deaths.
- Skin cancer is related to unprotected exposure to strong sunlight.
- Breast cancer risk factors include age, changes in hormone levels throughout life, obesity, and lack of physical activity. Some studies have also shown a connection between alcohol consumption and an increased risk of breast cancer. Also, women with a mother or sister who have had breast cancer are more likely to develop the disease themselves.

Overall, environmental factors, including tobacco use, diet, and infectious diseases, as well as chemicals and radiation, cause an estimated 75% of all cancer cases in the United States.

How can I reduce my risk of getting cancer?
Committing to a healthy lifestyle is the best way to reduce the risk of cancer. Avoiding alcohol and tobacco, staying in the shade when possible, using sunscreen, eating a diet high in fruits, vegetables and whole grains and low in fat, and exercising are some of the ways we can reduce our risk. It is also important to have regular physicals and gynecological exams, and perform breast self-examinations. Women over 40 should also have a mammogram once a year.

What are some of the signs and symptoms of cancer?
Some of the general (non-specific) signs and symptoms of cancer may include unexplained weight loss, fever, fatigue, pain, and skin changes. Some specific signs and symptoms may include sores that do not heal, unusual bleeding or discharge, thickening or lump in the breast or other parts of the body, and recent changes in a mole or any new skin change. Having any of these does not mean that you have cancer — many other conditions can cause these signs and symptoms. It is important to see your doctor if you notice any changes in the way your body works or feels. The sooner cancer is found and treated, the better the chances are for survival.

How is cancer treated?
The four major types of treatment for cancer are surgery, radiation, chemotherapy, and biologic therapies. There are also options for hormone therapies and transplants. The number of treatment choices available depends on the type of cancer, the stage of the cancer, and other individual factors such as age, health status, and personal preferences.

This information was compiled from:
American Cancer Society (www.cancer.org)
Breastcancer.org (www.breastcancer.org)
National Cancer Institute (www.cancer.gov)
The Skin Cancer Foundation (www.skincancer.org)
Women’s Cancer Network (www.wcn.org)
One of the best things about being a Sigma Kappa is always having sisters to count on not only during the good times, but also during difficult situations. One group of alumnae from Epsilon Omicron, Texas State University, have enjoyed great times with each other as well as endured a tragic loss that, in the end, brought them closer together.

Therese Samperi, Carla Johnson Graham, Judy Warrick Hawkins, Linda Green Curtis, and Linda Felton Hayden were best friends in college and kept in touch after graduation by talking once or twice a year. In 2001, the group decided to go on a cruise for their 50th birthdays. They all still lived in Texas, so they chose to take a cruise out of Galveston. Corresponding by e-mail on a weekly basis, they each came up with a special tag line for the subject of their e-mails: T’s Tidbits, Carla’s Chronicles, Judy’s Journal, Felton’s Facts, and Lovely Linda’s Lines. The e-mails included a summary of the events that happened that week as well as a countdown of days to the cruise.

The night before the cruise, they gathered at Therese’s house in Houston. Linda Felton Hayden and her twin sister had decided to go to Vegas for their 50th birthdays that year, so she did not join them on the cruise. However, she did stay the night with the group at Therese’s house. The women had a wonderful time on the cruise. Therese said, “It was like we were back in college in the dorm, like we had not lost one minute of time with each other.” Linda Green Curtis made a journal of the time they spent together which she e-mailed to everyone when they got back.

After the first cruise, the women decided they would like to start getting together every year. The next summer they gathered at Carla’s condo in South Padre Island, Texas, which they named “Casa Padre”. Thus, the five of them began a new tradition of getting together every summer at Casa Padre for a week of games, movies, relaxing, and enjoying each other’s company. Carla’s husband Patrick also treats them to a sunset cruise each year. They began the practice of giving gifts for what they call “Sigma Santa in July” and waking up one morning to open them. “It is so much fun, like Christmas morning with our sisters.”

In 2005, the group got some news that they knew would change their lives: Linda Felton Hayden had stage four liver cancer. “While none of us wanted...
to think about the possibilities, we all knew that we had to make the most of the time we had together.” So, in the summer of 2006, they made their annual sojourn to Casa Padre and practiced their usual traditions, this time adding a few more things that Linda wanted to do, including a special dinner at a yacht club.

As 2006 neared its end, Linda's condition worsened. She passed away in January 2007. Her sisters living in Texas attended the funeral and wore their Sigma Kappa badges. She had left a note for Therese to either find a home for her badge with another Sigma Kappa or send it back to national headquarters. Linda's husband asked Therese to help him take the three rubies out of Linda's badge to put on his wedding ring, knowing how much Sigma Kappa always meant to her and wanting to carry that part of her close to him. Carla Graham had stones put back in the badge and now wears it.

In January 2008, they joined together in Houston, along with Linda's twin sister Brenda. Their weekend included a trip to the Houston Symphony Orchestra and a party afterward. The women also paid a visit to the cemetery where Linda is buried. They met her husband and family there and gathered around to pray. They decided to go in January 2009 to Linda's favorite place, Las Vegas, to honor her memory. Their annual summer gatherings have also grown to include three more Epsilon Omicron sisters: Melba Goines Colca, Debbie Slaughter Hansen and Jan Jay Brooks. “It was so great to add these sisters to our traditions.”

Linda’s life made a great impact on those around her, especially the students and faculty of the school in Houston where she taught. The school has set up a scholarship fund in her name, with the money donated going into an account for the students of the last class she taught. The students will receive the money for college when they graduate from high school. Therese and the rest of the group all donated to the fund on Linda's birthday, April 15th.

They have also agreed that her death has made them realize how important their sisterhood and their time together is. Therese said, “The realization that one of us could be gone has increased our awareness of just how precious life is.”
In February 2008, Sigma Kappa began an exciting adventure in Miami as a national presentation team met with Panhellenic and University officials about expanding the Greek community at Florida International University. As the saying goes, “the rest is history!”

Sigma Kappa was invited to join Alpha Omicron Pi, Alpha Xi Delta, Delta Phi Epsilon, Phi Mu, Phi Sigma Sigma, and Sigma Sigma Sigma as the seventh sorority on the Florida International University (FIU) campus. The Greek community welcomed Sigma Kappa with open arms and supported public relations efforts throughout the summer and into the fall semester.

During the first week of October 2008, dedicated collegiate members from Beta Tau, University of Florida, joined national officers and staff for the colonization. Similar to formal recruitment events in a collegiate chapter, the colonization week featured informational, philanthropy, and preference rounds. Each potential new member also participated in a personal visit with a member of the colonization team. The week concluded with formal pledging and bid day activities along with a campus reception to introduce the outstanding new members to the campus community.

The FIU new members began a busy semester participating in the Promise program led by Colony Consultant Tori Caracciolo, Beta Theta, Marietta College. They went to movies together, hosted their first social events, enjoyed a sisterhood retreat, and began forming a sisterhood. “It has been so fun to get to see the members growing through Sigma Kappa while learning more about each other. They are very values-based women and were so excited to learn about Sigma Kappa and what it stands for,” said Tori.

Colony new member Yeliana Mayor reflected on her time as a sorority member thus far, sharing that, “In general, Sigma Kappa’s new member period was a humbling experience that led me to strive for excellence. Sigma Kappa was a great way for me to get involved on campus and has opened so many doors and opportunities. I truly feel that Sigma Kappa is the right choice for me.”

The culmination of their hard work and dedication was the initiation ceremony, celebrated on December 6, 2008, where National President Laura Owsley, Alpha Chi, Georgetown College, presided over Initiation and installation. Several mothers of the colony members were initiated alongside their daughters. Following the Initiation ceremonies, a reception was held at the Miami Hilton where family and friends celebrated the installation of the Kappa Omicron chapter. In addition to the traditional installation gifts, the chapter also received letters of congratulations from collegiate and alumnae chapters as well as national officers. National Vice President for Extension Sarah Nelson Womble, Delta Tau, University of Central Arkansas, commented, “It was so exciting to meet the parents of the new initiates and see firsthand their support and pride in their daughters as they were introduced.”

Participating national officers and staff included Laura Owsley; Sarah Nelson Womble; Director of Colonies and New Chapters Meaghan Miller Thul, Beta Eta, University of Nevada-Las Vegas; Director of Extension Sara Seely Chacon, Gamma Alpha, University of Northern Colorado; Tori Caracciolo; and Field Consultants Melanie Stone, Beta Epsilon, Louisiana Tech University and Katie McGinn, Beta Nu, Bradley University.

Sigma Kappa currently has over 35,000 collegiate and alumnae members and chapters at over 200 institutions across the country. Being a part of the presentation, colonization, and installation teams has given me the opportunity to meet and create lasting bonds with the founding sisters of the Kappa Omicron.
chapter. The women have quickly grown together as sisters and have truly embraced their lifelong commitment to Sigma Kappa.

The colony members are already making an impression on campus according to Tori. "They are creating a strong and positive image for Sigma Kappa and for themselves as progressive women. The Panhellenic big sis program has helped with this. The program gave Sigma Kappa a chance to form a bond within the Panhellenic community that promotes real friendship rather than competition."

Sara Seely Chacon shared, "Nationally, not only have we grown our membership in numbers, but we have gained a wealth of diversity, culture, and values from this wonderful group of women. They bring an admirable level of commitment and passion to Sigma Kappa and exemplify the characteristics we all strive for." The Kappa Omicron chapter will leave their mark at FIU as an impressive and hard-working group of women.

Top left: Kappa Omicron members pose in their matching jerseys. Top right: Kappa Omicron chapter at the installation reception. Bottom left: Sigma Kappa's FIU colonization team.

"Sigma Kappa was the missing link in my life! When Sigma Kappa colonized a new chapter at FIU it offered me a chance to be open-minded and alleviate the skepticism I had about being Greek. Today, I am the proud president of the Kappa Omicron chapter, which is an honor that I embrace with arms wide open. I am anxious to continue this path of sisterhood, academic success and spiritual growth."

– Giselle Rivero, chapter president

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*Mother Initiate
Boston University
Michelle Tedford
Boston, MA - Members who stayed in Boston over the summer met regularly. Members participated in the student expo "Splash!" to introduce new students to BU. Flyers were passed out promoting Greek life and Sigma Kappa, and members volunteered at the Panhellenic table.

George Washington University
Kimberly Angus
Washington, D.C. - The chapter's gpa increased overall. The first sisterhood event of the year was a chain retreat where members wrote their favorite Sigma Kappa memories on pieces of paper and made a chain of great Sigma Kappa moments to share with one another.

Illinois Wesleyan University
Stacey Peek
Bloomington, IL - Members met in Chicago for a shopping and sight-seeing day together. During the week, an hour break was set aside each day and members made scrapbooks together. Eta members wore matching shirts on the Panhellenic sponsored Go Greek Day to promote Greek membership.

University of Illinois at Urbana-Champaign
Abby Pfak
Champaign, IL - Theta members ended last semester with a combined gpa above the all-sorority average. Campus activities included a Quad Day where members donated their letters and visited booths for many organizations on campus. Katie Fey won the William Chandler Bagley Scholarship from the College of Education. Christine St. Leger received the Hach Scientific Foundation Chemistry Teacher Scholarship.

University of California/Berkeley
Brandy DeOrnellas
Berkeley, CA - Chapter members gathered for a sisterhood retreat and painted pottery pieces together. There was a sorority exchange with the members of Alpha Delta Pi which included fondue and a fashion show.

University of Kansas
Hannah Hartman-Frost
Lawrence, KS - Xi chapter was recognized by the Alzheimer's Association for raising over $1,000 at a spring fashion show. Alumnae participated in the fashion show as well as in mock recruitment this fall. Xi women also participated in a Panhellenic-sponsored mocktail mixer event.

Washington State University
Kirsten Batus
Pullman, WA - Thirty-nine new members joined initiated members on bid day for a cruise on Lake Coeur d'Alene. The activity on philanthropy day of recruitment was making tissue paper flowers. They were delivered to a local assisted living center to brighten the rooms of the residents there.

University of Tennessee
Morgan Denison
Knoxville, TN - Alpha Delta chapter reached chapter total and recruitment quota during Formal Recruitment, with a new member class of 55 women. Alumnae joined the bid day activities. Members held a sisterhood potluck dessert on the sorority floor after going to a movie as a group.

Westminster College
Heidi Placek
New Wilmington, PA - The chapter had the highest gpa for the ninth consecutive semester. Three members attended Convention last summer and returned with lots of new ideas to help continue the success of Alpha Sigma chapter. Plans are underway to host a dance-a-thon to support Alzheimer's disease research.
Members of Alpha Delta, University of Tennessee, at big/little revealing.

Michigan State University  AT
Jennifer Ferlito
East Lansing, MI – Alpha Tau chapter won the Greek Challenge hosted by the Senior Class Council and also won the Greek Organization of the Year award at the Student Life Awards. Several members traveled abroad for various study programs over the summer.

Georgetown College  AX
Sara Boyd
Georgetown, KY – Chapter members helped freshman women move into their dorms. The annual '70s Style Welcome Back Party was a success. Several members worked as Orientation Leaders. The chapter also held the annual Pancake Dinner which raises funds for the local Alzheimer's Association. Members are very proud to congratulate Laura Owsley, Alpha Chi, on being elected Sigma Kappa's national president.

Culver-StocktonCollege  BM
Jessica Bunch
Canton, MO – Many members returned to campus early to be Wildcat Welcome Guides for new students. An ice cream bar sisterhood event was held for members to learn more about one another. The chapter participated in the Alzheimer's Memory Walk in Quincy, IL, and in Homecoming celebrations.

Bradley University  BN
Kaitlin Kirk
Peoria, IL – Thirty-three members were on the Dean’s List and ten earned 4.0 gpas. Beta Nu was given an award for the highest average GPA among initiated members of all sororities on campus. Lauren Winne was named Head Recruitment Counselor for formal recruitment, and four other members were Recruitment Counselors.

University of Memphis  BE
Christa R. Garcia
Memphis, TN – Sisterhood camping trip was held over the summer at Pickwick Landing State Park. Members participated in Panhellenic Preview Days during the summer. A dessert social was held to welcome Greek women back to school.

University of Maryland  BZ
Vicky Tsai
College Park, MD – The chapter worked hard to plan the Big Chill, an annual ice cream eating contest. Beta Zeta continues to hold Waffle Late Nights to raise funds for Alzheimer’s research. Spring formal was held in Annapolis.

Purdue University  BS
Christina Ripley
West Lafayette, IN – The annual three on three basketball tournament, cosponsored with Farmhouse Fraternity, was held to benefit Alzheimer's disease research. Thirty-four new members joined the chapter as a result of formal recruitment. Beta Sigma members also participated in two fraternity philanthropy events at the beginning of the semester.

University of Florida  BT
Ashley Medosch
Gainesville, FL – The chapter placed first in the Greek Blood Drive. Chapter members continue to visit the Harbor Chase assisted living community to play games and visit with the residents. Alumnae came to the chapter house for a luncheon followed by a mock recruitment exercise.

Michigan Tech University  BE
Kimberly Cool
Ruston, LA – Panhellenic sponsored teas with freshman women during summer orientations, and various Beta Epsilon members attended. Alumnae joined in a mock recruitment held prior to formal recruitment. Themes used for recruitment included a Mardi Gras party and a “Real World” theme for ski day. Members have enjoyed playing Sigma Kappture the Flag.

University of Missouri  BH
Lisa Linsley
Amherst, MA – Kathleen Fitzgerald has been elected President of Panhellicen Council. Beta Eta had the highest sorority GPA on campus at the end of last semester. A barbecue was held prior to the start of fall classes.

Beta Zeta, University of Maryland, new members excited to get their big sisters.

Gamma Beta, Western Michigan University, members pose for a picture with other Greeks during Fraternity Village clean-up.
University of Northern Colorado \( \Gamma \ Alpha \)

Micah Johnson
Greeley, CO - Gamma Alpha members helped incoming freshmen move into the dorms. Stephanie South attended the Democratic National Convention as a reporter for the student newspaper. Gamma Alpha members earned the highest GPA on campus and were awarded the Panhellenic Significant Chapter of the Year award in 2008.

Western Michigan University \( \Gamma \ Beta \)

Anissa Saad
Kalamazoo, MI - Ten members made Dean's List last year, and 40 members increased their GPA during that time period. Beth Laskowski is the Panhellenic President. Chapter members participated in the Fraternity Village Clean-up, the Greek Night Carnival, and Fall Welcome Week.

Thiel College \( \Gamma \ Alpha \)

Nicole Zovack
Greenville, PA - Members and alumnae worked to raise funds for the Memory Walk to meet the goal of $2,000 in donations. The chapter received the All Greek Highest GPA and the All Sorority Highest GPA awards. Five members earned 4.0 GPAs. Members participated in Freshman move-in day, Freshman Orientation Week, and the campus graffiti T-shirt party.

Ball State University \( \Gamma \ Nu \)

Rachael Baker
Muncie, IN - The chapter placed 2nd in grades among all Greeks at Ball State University last semester. The summer retreat included sisterhood bonding activities and practices for formal recruitment.

California State University Long Beach \( \Gamma \Theta \)

Alanna Littlepage
Long Beach, CA - The chapter hosted a surprise barbecue after a recruitment workshop. Mock recruitment was held with alumnae, chapter moms, and sisters. Amber Anderson was elected VP of Leadership Development for Panhellenic Council. Kimberly Heintz and Alanna Littlepage were inducted into Order of Omega.

East Tennessee State University \( \Gamma \ Alpha \)

Chelsey Johnson
Johnson City, TN - A Day in the Life of a Sigma Kappa was the fall recruitment theme. It included the values of sorority life, sisterhood, scholarship, and philanthropy. Chapter members gathered in Pigeon Forge, TN for their summer house party. Local alumnae hosted a welcome back picnic for chapter members.

Kentucky Wesleyan College \( \Gamma \Pi \)

Lindsay Gleason
Owensboro, KY - Lisa Deininger won the Best New Ambassador Award from the College. Amanda Cline is the new Secretary of Student Government, while Lindsay Gleason and Kadey Armitage are senators. Tiffany Bone, Chelsea Tomlinson, and Amanda Rogers are writers and editors for The Pamphlet, the College newspaper.

Midwestern State University \( \Gamma \ Tau \)

Nicole Savage
Wichita Falls, TX - The chapter won three events in Greek Week: the Greek Goddess Challenge, Penny Wars, and the Olympics Competition. These wins preceded the overall win that Gamma Tau celebrated for the third year in a row. Gamma Tau women also had the most improved sorority GPA last semester, with four members earning a 4.0.

California University of Pennsylvania \( \Gamma \ Upsilon \)

Michelle Lazor
California, PA - Chapter members helped a local church sort clothing for their clothes closet, and also participated in move-in day at the University. Melanie Niskach received a scholarship from the Gerontology Fund. Forty-four percent of the membership was on the Dean's List last semester.

Tennessee Wesleyan College

Raven Holt
Athens, TN - Alumnae helped with recruitment and prepared refreshments for each round. The chapter has been working with the
new fraternity on campus to form a Greek Council among the three Greek groups. Members have begun a “Go Green with Sigma Kappa” recycling program on campus.

Wittenberg University Ω

Jennifer Entsminger
Springfield, OH – Sisterhood events included a laser tag game and a pizza and movie evening. The scholarship banquet was held last semester and faculty advisor Dr. Clifford Brown won the best advisor award.

Eastern Michigan University ΔA

Kimberly Schrupp
Ypsilanti, MI – The recruitment retreat was a big success. Members spent time going over the process of recruitment and joined in trust activities and team building exercises. Recruitment themes were Sigma Kappa & Co. and Beautiful Earth, Beautiful Women.

Central Michigan University ΔA

Sarah Dziekan
Mt. Pleasant, MI – Delta Delta members had a sisterhood “Dress to Impress Mocktail Retreat” which was followed by a shirmy party. The chapter had the highest GPA on campus and took 3rd place for the Chapter Merit Award at the Greek Awards. President Denica Brooks was the Greek Woman of the Year.

University of Central Arkansas ΔH

Sydney Butler
Conway, AR – Chapter members participated in move-in day and promoted Sigma Kappa with banners and signs all over campus. A luncheon meet and greet was held after a sisterhood event. Members also attended a speaker on the dangers of hazing and also went to pep rallies, tailgate parties, and football games along with others in the Greek community.

Missouri State University ΔY

Nicole Theobald
Springfield, MO – Last semester concluded with Delta Upsilon members hosting a chicken dinner for the senior members of a local church as a gerontology project. Potential new members made gifts to be given to the residents of a local nursing home on philanthropy day. Chapter members attended the Bear Bash, a University-sponsored event which welcomes new students to MSU. A New Student Festival was also held which promotes Greek life on campus. The chapter had the highest new member GPA and the second highest chapter GPA of all sororities.

A meet and greet was held after Recruitment. Everyone played games and enjoyed snacks while they got to know each other better. Members also participated in freshman move-in days and hosted a table to share facts about Greek life. Delta Theta won four of the six scholastic categories among sororities on campus last semester.

Longwood University ΔN

Jennifer Gaskins
Farmville, VA – Chapter members ended last semester by planting trees on campus and hosting a aluminum can drive. At the Relay for Life event, Delta Nu had total chapter participation and was awarded the Most Enthusiastic Campus. Executive council members and committee chairmen met in the summer to plan the upcoming school year’s events.

University of Central Arkansas ΔT

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University of Central Oklahoma  AX

Jill Striedurff
Edmond, OK - Thirty-six new members joined Delta Chi chapter as a result of formal recruitment. A sisterhood retreat, Camp Sigma Kappa, was held, where everyone spent the night at a member’s home playing games and telling ghost stories. Lollipop sales have begun. The chapter took second place among sororities in GPA rankings last semester. Nicole Calvert made the NBA's Oklahoma City Thunder dance team.

Lenoir-Rhyne University  EA

Jessica Clodfelter
Hickory, NC - A summer sister-to-sister correspondence was initiated this year in which members sent cards and gifts to each other over the summer break. Members who spent the summer in Hickory were invited to local alumnae meetings and enjoyed getting to know these women. The chapter ended last year with the highest GPA for all Greek organizations. The College became a University over the summer, and many members helped with the celebration. Chapter members are hosting a convocation for the entire student body, sharing the story of Sam Spady, a co-ed who died of alcohol poisoning.

University of New Orleans  EB

Jessica Ashley Quiroz
New Orleans, LA - Sisterhood activities over the summer included a Big Sis appreciation party. A pool party was held to celebrate the chapter receiving a One Star Standards of Excellence award at convention. A Back to School Bash was held which included members wearing their old high school uniforms. The chapter won the highest GPA award of all Panhellenic sororities on campus last semester, and the cumulative GPA was above the All Greek and Panhellenic averages.

Susquehanna University  EA

Sondra Zanette
Selinsgrove, PA - Chapter members are participating in a poster sale with other Greek organizations to raise funds for Panhellenic. Fall Into Sigma Kappa is the theme for informal recruitment. Many members helped college women move into their dorms and also served as orientation team leaders. Amy Thiele was named captain of the SU women's swim team. Jamie Malachowski was elected President of the National Leadership Honor Society.

University of Georgia  EE

Lindsay Horan
Athens, GA - Thirteen hundred women went through UGA's formal recruitment, and 62 new members joined the chapter. Despite the rain, a successful sisterhood event was held at the Athens Country Club pool for all members of Epsilon Epsilon chapter. Several members studied abroad over the summer in Italy, Argentina, and Fiji.

Western Kentucky University  EZ

Jessica VanWinkle
Bowling Green, KY - Epsilon Zeta welcomed 35 women to the chapter through formal recruitment. The recruitment theme was Sigma Kappaville. Alumnae helped decorate the chapter house, practice conversation skills, and serve beverages during recruitment. Members went to a movie together and played get-to-know-you games at the first sisterhood event.

California State University/Sacramento  EA

Stacie Albert
Sacramento, CA - Chapter members enjoyed a retreat at a local amusement park. Epsilon Lambda chapter members earned first place in sorority GPA rankings for last semester.

California State University/Fullerton  ET

Felicia Morfin
Fullerton, CA - Chapter members went rock climbing and go-kart racing together as sisterhood events. The chapter ended last year with the highest GPA of all sororities. Philanthropy events included a beach clean-up and a clothing drive. Alumnae helped out during house tours.

Delta Phi, Lock Haven University of Pennsylvania, members celebrate an intramural win.

Leah Gastman, Mindy Dilley, Dana Hillyer, Amy Spellmeyer, and Kala Linck of Delta Upsilon, Missouri State University, attended a concert together over the summer.

Delta Psi, Radford University, members at convention in Indian Wells, California.
Virginia Polytechnic Institute and State University  EX
Elizabeth Burgin
Blacksburg, VA – Members who stayed in Blacksburg over the summer met for weekly dinners and other fun events. Members who were in northern Virginia attended a baseball game together. The year began with all sisters taking part in a tubing event at the New River. Epsilon Chi members participated in student move-in day. The chapter also hosted a “Just Ask!” event, to answer questions for new students ranging from the names of various buildings to the bus schedule. It was a positive way to earn name recognition on campus.

Indiana University Southeast  ZA
Ashley Allgeier
New Albany, IN – Chapter members helped the Greek Council host the first Greek Week on campus. Members also helped beautify the campus by planting flowers and spreading mulch for Earth Day.

Babson College  ZZ
Brianna Pecor
Wellesley, MA – Ashley Hunt studied at the London School of Economics. Other Zeta Zeta members kept in touch over the summer by meeting at the beach, going out to dinner, and sending e-mails to each other.

University of Texas/San Antonio  ZN
Amanda Salerno-O’Donnell
San Antonio, TX – Zeta Nu ended last semester with the highest initiated GPA on campus, and the second highest sorority GPA on campus. Members participated this semester in the grand opening of the new University Center, the Involvement Fair, and a Fajita Fest to promote Greek life at UTSA. A mock recruitment was held to polish conversation skills.

University of Arizona  ZO
Tonya Baldwin
Tucson, AZ – Bid Day activities were held at a local bowling alley with everyone playing cosmic bowling. The philanthropy day craft was making cards which have been sent to a local Alzheimer’s disease care facility. Phoenix area alumnae held a picnic which was attended by members. The activities ended with a water balloon fight.

Colorado School of Mines  ZII
Kimberly Magers
Golden, CO – Recruitment began with an open house night, which had the theme “Whichever Way You Go, You Can’t Go Wrong.” Zeta Pi met chapter total at the end of formal recruitment. A sisterhood coffee was held so new members and initiated members could get to know each other better. A retreat, which included hiking, a barbecue, playing games, and watching movies, was also held.

California State Polytechnic University/Pomona  ZY
Nicole Winik
Pomona, CA – Sisterhood events included days at the beach, attending a minor league baseball game, and watching a television premiere together. Registrations and fund raising have begun in preparation for the Memory Walk. Local alumnae attended the chapter’s recognition banquet for last semester’s accomplishments. Kimberly Kwong was selected to be an Orientation Leader for freshman orientation. Ashley Mays was a Welcome Week Leader. Kristina Rigden spent a month in Taiwan teaching English.

University of LaVerne  ΘB
Antoinette Borders
LaVerne, CA – Team Sigma Kappa was the theme for Open House night of formal recruitment. A recruitment retreat was held which included games and team building to prepare for formal recruitment. Different days had different themes such as Mexican night and rodeo night. Jennifer Bilimoria, Kristin Haper, and Amanda Santos earned a 4.0 GPA last semester.
University of California/Riverside
Julianne Goble
Riverside, CA - Theta Epsilon members participated in Panhellenic Sports Week and placed first in volleyball and second overall. The chapter participated in Delta Gamma’s philanthropy event, Anchor Splash, and won first place. Leslie Co won the Miss Anchor Splash competition.

University of Virginia
Amanda Livingstone
Charlottesville, VA - Reunion Weekend was held at the beginning of the summer, and Sigma Kappa hosted an event at the house for returning alumnae.

University of Nevada/Las Vegas
Jennifer Fox
Las Vegas, NV - The annual sisterhood recruitment retreat was held in the mountains in Utah. Potential new members decorated canvas totes which will be reusable shopping bags to advertise the Inherit the Earth program. The chapter teamed with Zeta Beta Tau fraternity for Homecoming competition.

University of Kentucky
Lindsay Wilson
Lexington, KY - Theta Rho members proudly welcomed Laura Owlsley, Alpha Chi, national president, as this year’s keynote speaker at the Panhellenic candlelight ceremony. This ceremony marks the start of recruitment. Ms. Owlsley delivered a moving speech to all sorority members at UK on the importance of being Greek women. Alumnae were guests at a dinner in their honor, and then helped with recruitment preparations.

University of Hartford
Keri Woods
West Hartford, CT - The Welcome Back sisterhood dinner was held. Plans are underway for the first dodgeball tournament, the proceeds from which will go to help Alzheimer’s disease research.

Kansas State University
Lauren Bauman
Manhattan, KS - Members began the year with a talent show during spirit week, sharing their dance routines, skit ideas, and instrumental talents with other members. Plans were finalized for the annual Mudbowl Tournament. The Corporation Board worked hard remodeling the house over the summer, including new furniture in the living room. Five members dressed as Sigma Kappa’s founders to help celebrate the remodel.

Bowling Green State University
Amanda Gilles
Bowling Green, OH - The recruitment theme was Team Sigma Kappa: We Want You In Our Colors! Potential new members made pennants for local nursing home residents to hang on their doors. The chapter held a water dodgeball tournament as a new fundraiser for gerontology.

University of Tennessee at Chattanooga
Amanda Wagner
Chattanooga, TN - Fifty-one new members were welcomed into the Theta Phi chapter. A sisterhood retreat preceded recruitment which included kayaking on the Hiwassee River. Flower pens were decorated during philanthropy night of recruitment and were taken to a local Alzheimer’s disease care center. Alumnae helped with mock recruitment and house cleanup. Members tied for first place at the Stroll Off at Oak St. Roast for their step routine. Sigma Kappa women also participated in freshman move-in, freshman orientation, and the organizational fairs.

The Pennsylvania State University
Dana Patterson
University Park, PA - Theta Psi members helped Penn State’s new students move in, manned a table at the Involvement Fair, and completed preparations for formal recruitment.

Theta Eta, University of Nevada/Las Vegas, members pose for a photo at a sisterhood retreat.

Melissa Eberle, Alex Vasilius, and Ryann Bouchard of Theta Iota, The State University of New York College at Fredonia, at formal.

Members of Theta Rho, University of Kentucky, smile for the camera.
Members of Theta Psi, The Pennsylvania State University, show their sisterly love.

Kappa Eta, Texas Christian University, members on bid day.

Members of Kappa Theta, Saint Louis University, visited Hilton Head Island, South Carolina.

Northwest Missouri State University

Brittany Shaw
Maryville, MO – Kappa Alpha chapter welcomed eight new members with initiation at the beginning of fall semester. These women were initiated just prior to the beginning of formal recruitment. Workshops were held to prepare all members for recruitment.

Grand Valley State University

Linden Mault
Allendale, MI – Kappa Beta members helped new students move in to their dormitories and took part in the Campus Life Night. Members wore their letters in support of Panhellenic recruitment. The Advisory Board meeting was held in conjunction with the first formal meeting of the year. A philanthropy day was added to recruitment.

Texas Christian University

Amy Johnson
Fort Worth, TX – The entire chapter worked on recruitment preparations. The themes used were Saturday Night Live and scrapbooking. Bid day was celebrated at a local alumna’s home.

Saint Louis University

Alexandra Tucci
Saint Louis, MO – Recruitment themes included Victoria’s Secret, Sigmas in the City, and Wizard of Oz. The first sisterhood event of the year was attending a movie together.

University of Pennsylvania

Simreen Kohli

North Georgia College and State University

Amanda Wilson
Dahlonega, GA – Alumnae and chapter members exchanged visits over the summer. Alumnae attended the recruitment workshop, and chapter members attended the Atlanta Alumnae Chapter’s cookout. Panhellenic sponsored a Go Greek campaign at the beginning of the year, and our members took part. The chapter fielded an intramural Ultimate Frisbee team. Ten members earned a 4.0 GPA last semester.

Marquette University

Danika McLeod
Milwaukee, WI – The first sisterhood event was a welcome back and reunion picnic for sisters who had been studying abroad. The executive council held a camping retreat to plan this year’s schedule, and the Chicago alumnae chapter hosted a summer collegiate event at the Navy Pier in Chicago.

University of Nevada, Reno

Allison Bartlett
Reno, NV – Thirty-one Kappa Xi members moved into the new chapter house. Thirty-seven members joined the chapter as a result of formal recruitment. Inherit the Earth was the sub-theme of philanthropy night with everyone making greeting cards from recycled materials. The chapter fielded a team for the Bri-Ball tournament, in memory of a coed who died last year. Chapter members also helped with Dorm Storm, moving incoming freshmen into their new dorms and informing them about recruitment.
In Celebration...

Nancy Lockard Browning’s 65th birthday
by Patricia Cooper Henderson
Pat Earnest Counts receiving the Ginger Hawk Rutherford Alumnae Award in April 2008
by Ginger Hawk Rutherford
Jennie Cordis’s engagement
by Caryl Cordis D’hondt
Tracey Tardiff Hill’s 35th birthday
by Patricia Savoye Tardiff
Krissy Hurt’s initiation into Gamma Sigma Alpha National Greek Honor Society
by Patricia Cooper Henderson
Mary Jackson Norvell’s birthday
by Patricia Cooper Henderson
The Initiation of Malarie Seelow
by Jennifer Johanneman Painter
George Tardiff’s 60th birthday
by Patricia Savoye Tardiff
Madalyn Teal’s birthday
by Glenna Gindorf Pierpont

In Honor...

Hannah Rachel Albers
by Pok Cha Albers
Allison Anderson
by Cathy A. Anderson
Ashley Paige Andrews
by Sandra Andrews
Kimberly Armes
by Jean A. Armes
Linda Oden Berkshire
by Jean Falck Pedigo
Krystin Berner
by Lynn Berner
K. Deanne “Dee” Bertelson
by Beth Jones Collins
Dr. Virginia Holt Bieber
by Ginger Hawk Rutherford
Dr. Wilsie Bishop
by Ginger Hawk Rutherford
Liz Bittenbender
by D. Bittenbender

Nora Boemker
by Barbara S. Boemker
Bianca Sarah Brammer
by Melissa L. Brammer
Paulina Bricca
by Monique Bricca
Emily Brooke Copia
by Bobbie Jo Copia
Jade Corcoran
by Kierston Cocoran-Gray
Carolyn Corradetti
by Jane P. Corradetti
Kathryn Corradetti
by Jane P. Corradetti
Kim Csongor
by Darla T. Darnall
Anne W. Dale
by Joan Reagin McNeill-Murray
Sara Marie Dean
by Jodi M. Hanneman
Kathryn DeKemper
by Rachel Kathryn Clark
Ralph DeKemper
by Rachel Kathryn Clark
Kaylee Deutsch
by Randi E. Deutsch
Kelsey Dietz
by Pamela Dietz
Clarissa Anne Doehogne
by Diane Lohr Doehogne
Chelsea Ducat
by Shea J. Brown
Ashley Dzubak
by Veronica D. Dzubak
Alex Ernst
by Shari L. Loeh
European Alumnae Chapter Sisters
by Marsha L. Teub
Cristina Fazzolori
by Karen A. Fazzolori
1999-2000 Field Consultant Team
by Kimberly Smith Liatville
Erin Fields
by Debra Y. Fields

Mataya Flaharty
by Elizabeth A. Flaharty
Brittany Gardner
by Teresa McDonald
Melissa Gaughan
by Cynthia A. Gaughan
Anna Giroux
by Martha G. Giroux
Jaclyn Gurwin
by Karen Gurwin
Brittany Hardin
by Karen M. Hardin
Catherine Hendricks
by Linda C. Hendricks
Madison Overcash Holloway
by Teresa O. Kincaid
Catherine Holm
by Margaret C. Holm
Tara E. Hussey
by Jill R. Hussey
Kelly Hymes
by Debra B. Hymes
Saragose Isaacs
by Donna R. Isaacs
Melissa Kalamaras
by Elizabeth L. Kalamaras
Jennifer Guthrie Kaplan
by Gibran Bitonio Sandine
Lauren Kearney
by Janet L. Libby
Jessica Kornrump
by Jan Kornrump
Allison Krandall
by Constance Krandall
Emily LaRose
by Dana G. LaRose
Lisa LaMorta
by Carla T. Lamorta
Jenny Marshall Maeda’s work with Gamma Eta,
Ball State University
by Laura Dragoo Miekler
Kaylin Mapes
by Deborah A. Isacksen
In Celebration/In Honor/In Memory

Gifts to the Sigma Kappa Foundation were made in celebration/in honor/in memory of the following during the months of August, September and October 2008.

Tisa Johnson Mason  
by Joan Reagin McNeill-Murray

Jennifer May  
by Cynthia P. May

Mollie McCrabb  
by Lori McCrabb

Christina McQuinn  
by Lisa A. McQuinn

Ashley Medl  
by Mary J. Medl

Kathleen Berkshire Mirkovich  
by Joel Fulk Pedigo

Megan Moran  
by Gail M. Moran

Marissa Morgan  
by Joan P. Morgan

Madeline Anne Mudronja  
by Joan McGuckin-Mudronja

Laura Nunnelley  
by Deborah D. Nunnelley

Sarah Peckinpaugh  
by Carol Peckinpaugh

Meghan Peevely  
by Karen T. Peevely

Ashley Pitkin  
by Pamela J. Pitkin

Andrea Nicole Plummer  
by Michelle R. Plummer

Betsy Poore  
by Mary Veazy Poore

Chelsea Poppens  
by Crystal Poppens

Elizabeth Premo  
by Kimberly K. Premo

Courtney Raupp  
by Lisa Raupp

Taylor Rector  
by William D. Rector

Carrie Saleba  
by Paul Saleba

Molly Shay Schermerhorn  
by Toni Schermerhorn

Sara Beth Schutte  
by Jacqueline Z. Schutte

Patricia Sellers  
by Susan E. Sellers

Lauran Shive  
by Teresa Shive

Allison Sillsbee  
by Sharon L. Sillsbee

Anne Simacek  
by Yolanta Simacek

Kelsie Catherine Smith  
by P.J. Smith

Karyn Nishimura Sneath  
by Debra Sigma, Western Illinois University

Samantha Stuber  
by Patricia Stuber

Jessica Tague  
by Lynn M. Tague

Theta Phi, University of Tennessee  
at Chattanooga  
by Stacy Oglesby Gray

Alexandria E. Tucker  
by Tracy A. Garman

Hannah Walton  
by Peter P. Walton

Samantha Wendelen  
by Romana V. Wendelen

Renee Druckenmiller Wetherhold  
by Margaret Taylor Lemmon

Carol Montgomery Williams  
by Lindsay Williams Greenwell

Barbara Collins Wilmer  
by Joan Reagin McNeill-Murray

Amanda Hope Windsor  
by Catherine D. Stinson

Brittany Renae Winn  
by Danette Winn

Courtney Wood  
by Debra B. Wood

Karen Bogart Davis  
by Nancy Holliday

Robert Doupe  
by K. Deanne "Dee" Bertelson

Barbara Williams Fenters

Mary Ann Spangler Lattimore

Sheila A. Barnes

Ann Stafford Dahl

Allison K. Lewis

Madalyn Brand Teal

by Allison K. Lewis

Geraldine Butciak Migdal  
by Arlene Weichbrok Rose

Martha Metzler Record  
by Glenna Gindorf Pierpont

Beatrice Bell Sayler  
by Judy Jay Rostad

Madalyn Brand Teal

Glenna Gindorf Pierpont

Patricia Scherrer Stelnach

Austin Shoemaker  
by Monica and Vinny O'Grady

Joan Rich Stough  
by Arlene Raper Summerville

Elizabeth Flolliot Swoyer  
by Ginger Hawk Rutherford

Helen Hausmann Thurber  
by Margaret Taylor Lemmon

Naomi Traub  
by Martha L. Traub

Winona Keyes Valentine  
by Cheryl White

Vicki Dubrock Weisel  
by Margaret Taylor Lemmon

Alice Hersey Wick  
by Margaret Taylor Lemmon

In Memory...

Twila Bergh Clawson  
by Helen Toussis-Manslowe

Virgie Hyman Cone  
by Carole Oetke Townsend
ARIZONA
Phoenix
Melinda N. Muir, Theta Eta

The chapter participated in an alumnae-collegiate philanthropy for Locks of Love, national convention, the Arizona All-State Picnic, Founders' Day, and recruitment and initiation for Zeta Omicron, University of Arizona. There were also many social activities, including bowling, book club, happy hours, Arizona Diamondbacks baseball, Arizona State University football, and the annual Christmas tea and auction. Visit www.sigmakappa-phoenix.org or contact Becki Palmquist Falatach at beckilala@yahoo.com.

DELWARE
Northern Delaware
Marsha L. Traub, Epsilon Nu

Founders' Day was celebrated at a brunch held at the University of Delaware with the sisters of Theta Delta, University of Delaware, Zeta, The George Washington University, and Beta Zeta, University of Maryland. Donations continue to be accepted for the Theta Delta Memorial Scholarship being endowed through the Sigma Kappa Foundation. Contact Kellie O'Connell Goldfinen, kgoldfinen@hotmail.com, or Marsha Traub, skmarsha@verizon.net, for more information.

CALIFORNIA
Los Angeles
Jessica Mahon-Scoles, Delta

Members enjoyed various activities including bowling at Lucky Strike Lanes in Hollywood, a book club, a trip to the Getty Villa museum and the annual spring tea, which was held at the Peninsula in Beverly Hills and attended by other area alumnae groups. Other activities included monthly dinners at various spots around town, a well-attended brunch and a movie event. For information about events or to become a member, please contact Jodianne Masterson, believe623@att.net.

Riverside
Bernice Ramos Girasek, Gamma Theta

The chapter supported Theta Epsilon, University of California, Riverside, with fall recruitment and hosted a luncheon for the collegians to celebrate their One Star Standards of Excellence status. The annual family pumpkin carving party was held at the home of Jessica Rinner Bailey, Theta Epsilon, and members enjoyed a wine tasting event at a winery in Temecula.

FLORIDA
Gainesville
Sara Cohen Ben-Shoshan, Beta Tau

Members enjoyed catching up during dinner at an Italian restaurant in the spring, attended the Beta Tau, University of Florida, mock recruitment luncheon, helped out with recruitment parties, and participated in the Alzheimer's Memory Walk. Several members continue to serve on the corporation board and advisory board for the Beta Tau chapter.

Miami
Dawn Roussey Carroll, Omega

The chapter celebrated its 80th year, beginning with a luncheon in June honoring the first organizational meeting held in June 1927. Members attended the expansion presentation at Florida International University, which resulted in Sigma Kappa being invited to colonize at the University. Members welcomed an alumna initiate, a mother of one of its members, initiated at Beta Tau chapter, University of Florida. Miami Alumnae Chapter had two top 20 fundraising teams in the Alzheimer's Memory Walk.

Phoenix Alumnae Chapter members enjoyed the Arizona All-State picnic with alumnae and collegians of Zeta Omicron, University of Arizona.

Riverside Alumnae Chapter members had a great time at a pumpkin carving event.

Miami Alumnae Chapter members celebrated Founders' Day and honored 25- and 60-year members.
GEORGIA

Atlanta

Emily R. Kimble, Epsilon Epilon

The chapter was an official sponsor of the Alzheimer’s Association’s 2008 Atlanta Memory Walk. The event took place at Chastain Park in Atlanta, Georgia. The fundraising goal of $2,500 was surpassed and members raised almost $4,000. Members look forward to the second annual wine tasting and silent auction event, to raise money for scholarship funds for Epsilon Epilon, University of Georgia and Kappa Lambda, North Georgia College and State University.

KENTUCKY

Greater Louisville

Stephanie L. Caldwell, Theta Rio

The chapter held the annual membership party, providing current, new and prospective members the opportunity to socialize. Other events included a happy hour for all Sigma Kappa alumnae in the area. Six members attended national convention and accepted the Louise Helen Coburn Award. Members are able to stay informed through the chapter Web site, www.skloudisilcalum.com. Anyone interested in becoming a member or an officer, please contact info@skloudisilcalum.com.

ILLINOIS

Chicago

Tiffany L. Jones, Beta Nu

Members enjoyed bi-monthly happy hours, a book group, running in 5Ks, volunteering at the river cleanup and attending Chicago area Panhellenic events. Collegiate members from several area schools, who were in Chicago for the summer, were invited to attend an event at Navy Pier. The chapter had another successful Alzheimer’s Memory Walk, raising more than $4,000. Members in the Chicago area who are interested in joining should contact Tiffany Jones, tiffany6575@abcglobal.net, for more information.

MARYLAND

Baltimore

Elizabeth Boulden Monaghan, Epsilon Chi

The chapter worked with Beta Zeta, University of Maryland, as advisors and helped with Initiation. Members joined together for a holiday dinner and provided holiday/exam treats for the collegians. Other activities included a wine tasting, the annual tax-relief Mexican dinner and participating in the Alzheimer’s Memory Walk. For information, please contact Betsy Monaghan, betsy_monaghan@troweprice.com.

MICHIGAN

Detroit

Magi von Haas Boogaard, Zeta Pi

Activities included a summer barbecue, a girls’ night out on the town, and a joint Founders’ Day celebration with the South Oakland County Alumnae Chapter, as well as a celebration with the collegians of Delta Alpha, Eastern Michigan University. Members helped Delta Alpha with Bid Day. Sisters have joined together on Facebook to keep up with communication. For more information, contact Magi Boogaard, mboogaard@yahoo.com.

Members of the Atlanta Alumnae Chapter at the Alzheimer's Memory Walk. Members raised close to $4,000 for the Alzheimer's Association.

The Chicago Alumnae Chapter hosted a summer event for collegians in the Chicago area to encourage future alumnae chapter membership.

East Central Illinois Alumnae Chapter members at the 2008 national convention in Indian Wells, California.
MISSOURI
Greater Kansas City
Jennifer Steadman Rathbun, Alpha Gamma

Members participated in the Alzheimer's Memory Walk and were presented with the Champion Volunteer Award in recognition of the chapter's commitment and support of the Alzheimer's Association. The chapter raised money by selling Yankee Candles and grocery store coupon books, and will have a trash to treasure garage sale in the spring.

Contact Kris Buzick Gregg,
info@kcsgmakappa.org.

Southwest Missouri
Kay Wilson Thomas, Delta Upsilon

The chapter supported Delta Upsilon, Southwest Missouri State University, with the redecoration of the chapter house, as advisors and corporation board members, and joined the collegians for the Alzheimer's Memory Walk and Founders' Day. Special events included the Christmas party, the hat party, going to the lake, and meeting at Delta Upsilon to see the finished results of the newly redecorated house.

NEBRASKA
Omaha-Council Bluffs
Lisa Kruizenga Naylon, Beta Omega

The chapter held a picnic at Elm Wood Park in Omaha with collegians and new initiates of Beta Omega, University of Nebraska, Omaha. Members worked a concession stand at a University of Nebraska, Omaha football game. Members enjoyed social meetings and dinners and brought toys for a holiday donation program. Study snack bags were assembled for Beta Omega collegians for finals. Members look forward to making dinner for the local Ronald McDonald House.

NEW JERSEY
New Jersey Suburban
Jane Riemenschneider McCarthy, Beta Zeta

The chapter continues to bond with two collegiate chapters: Theta Psi, The Pennsylvania University, and Zeta Phi, Rutgers, The State University of New Jersey. Philanthropically, members donated holiday gifts to the Maine Sea Coast Mission and prepared gift bags for residents of a local nursing home at a holiday party. For more information and to join in the fun, contact Jane Riemenschneider McCarthy, tisjem93@hotmail.com.

Ohio
Central Ohio
Lisa Hoops Parry, Kappa Gamma

Throughout the year, members have enjoyed events including a Founders' Day brunch, a holiday crafting party at a local senior center, and a movie night. The chapter is very proud of the fact that membership has doubled this past year. Upcoming events will include a wine and cheese tasting party and a chocolate decadence-themed formal meeting. For more information, including a calendar of events, please visit http://groups.yahoo.com/group/SigmaKappaCentralOhioAlumnae.

OKLAHOMA
Oklahoma City
Kimberly Smith Slagle, Delta Chi

Members enjoyed various events including the annual new member welcome luncheon and a fun in the sun family barbecue. Alumnae and their families enjoyed trick-or-treating at Haunt the Zoo in October, a Founders' Day Fiesta and Christmas party. Officers are working to reinstate the alum chum program, where alumnae are secretly paired with collegians to provide gifts and goodies.

Knoxville Alumnae Chapter members celebrated the kick-off of the mystic book and movie club.
Members of the Houston Alumnae Chapter and Zeta Kappa, Angelo State University, at national convention.

TENNESSEE

Athens
Connie Clary Akers, Gamma Psi

Members have again been busy helping the collegians at Gamma Psi, Tennessee Wesleyan College, with formal recruitment parties, preparing and serving food, assisting with decorations and supporting them during this hectic week. Newly graduated members, who joined the alumnae chapter, participated in helping as well.

Knoxville
Kim Malone Davis, Alpha Delta

Activities included the formation of a mystic book and movie club, participating in two Alzheimer’s Memory Walks in east Tennessee, hosting a senior tea for graduating seniors of Alpha Delta, University of Tennessee, and supporting the housing corporation in their efforts to raise money and awareness to build a chapter house at the University of Tennessee. For more information, contact Kim Malone Davis, kmalone07@hotmail.com.

VIRGINIA

Richmond
Kate M. Feldvary, Delta Nu

This year activities included participating in and volunteering services for the Alzheimer’s Memory Walk, a summer pool party, and a murder mystery dinner. The chapter supported formal recruitment for Delta Nu, Longwood University, and members serve on their advisory board. Events with the Delta Nu collegians included a luncheon with the newly initiated members and attending a Founders’ Day celebration.

WASHINGTON

Seattle
Wendy L. Nyborg, Mu

Members attended the Panhellenic Auction to help raise scholarship funds for sorority women at the University of Washington. Members also participated in the Alzheimer’s Memory Walk, the annual alumnae spring tea, and several happy hour events. Alumnae supported Mu, University of Washington, with participation in an adopt-a-street, support of formal membership recruitment efforts, and as Sigma K Pals to new members. Please contact Wendy Nyborg at sigmakappaseattle@yahoo.com.
Memoriam

Zeta, The George Washington University
Naomi Crain Jarman, date unknown

Eta, Illinois Wesleyan University
Roberta Wills Hedrick, 9/22/08

Theta, University of Illinois at Urbana-Champaign
Karma Golden Aylward, date unknown
Lois Smith Moon, 12/22/07

Lambda, University of California/Berkeley
Audrey Hubbard Malkan, date unknown

Nu, Middlebury College
Dorothy Scott, date unknown

Tau, Indiana University
Geraldine Schroeter Wamsher, 11/18/06

Upsilon, Oregon State University
Winifred Hook Holum, 12/06/08
Georgia Galligan Jubitz, date unknown

Alpha Gamma, Washington State University
Evelyn Vogel Gullikson, date unknown
Norma Peterson Strating, 6/26/06

Alpha Delta, University of Tennessee
Bettye Johnson Rushton, 9/12/08

Alpha Epsilon, Iowa State University
Mary Lock Fahrenkrog, 12/17/08

Alpha Zeta, Cornell University
Jeanne Brodeur Stanley, 8/8/08

Alpha Theta, University of Louisville
Dorothy Tracy Schulten, 12/12/08

Alpha Iota, Miami University
Elizabeth Price Hook, 4/28/08
Patricia Marshall Johnson, 12/18/08
Alice Clear Plummer, 5/15/08
Donna Bell Wilgus, 10/24/08

Alpha Kappa, University of Nebraska-Lincoln
Chloe Taylor Ellington, 8/27/08

Alpha Xi, University of Iowa
Blanche Lyford Durkes, 12/11/08

Alpha Omicron, University of California, Los Angeles
Helen Dunlap Rose, 11/14/08
Julia Richter Shaw, date unknown

Alpha Sigma, Westminster College
Virginia Schell Tiernan, date unknown

Alpha Tau, Michigan State University
Ila Johnston Haddas, date unknown
Joan Leonard Schroeder, date unknown
Janice Richter Van Der Tuuk, date unknown

Alpha Phi, University of Oregon
Vircene Wade Gillet, date unknown

Alpha Psi, Duke University
Anne Bronaugh Greene, 12/15/08

Alpha Chi, Georgetown College
Charlotte Grump Collins, date unknown
Patricia Parham Coughlin, 11/08/08
Betty Harling McIntyre, 12/05/05

Beta Rho, San Jose State University
Barbara Rump Burrows, 10/26/08

Beta Upsilon, Ohio University
Sharron Price, date unknown

Beta Psi, San Diego State University
Elizabeth Stanley Lydon, 10/28/08
Beatrice Berry Towey, date unknown

Gamma Alpha, University of Northern Colorado
Rose Marie La Salle Ormanoski, date unknown
Eleanor Wilkins Turner, date unknown

Gamma Beta, Western Michigan University
Barbara Veltman Elliott, 8/22/08

Gamma Gamma, Indiana State University
Dorothy Arauz Mroch, 7/03/08

Delta Delta, Central Michigan University
Julie Reynolds Tabbia, 5/27/07

Delta Zeta, Southeastern Oklahoma State University
Debra Dorton Hardin, date unknown

Delta Theta, Truman State University
Nadine Newell Armbuster, 7/26/06

Delta Phi, Fairmont State University
Jeri Kough Hughbanks, April 2008

Theta Rho, University of Kentucky
Grey Benson Tate, date unknown
A variety of workshops will be available to build the following skill sets and more:

- Recruiting with Confidence
- Effective Leadership
- Successful Philanthropic Planning
- Building Personal Commitment & Accountability

College Officer Training School (COTS) will be held at the Westin Indianapolis, located in the heart of downtown Indianapolis, IN.
Come Cruise with ΣΚ!

Baltic Sea

4th Annual Interfraternal Cruise

DAY 1: DEPART GATEWAY (August 4)

DAY 2: ARRIVE IN COPENHAGEN, DENMARK; EMBARK ON CRYSTAL SYMPHONY

Your adventure begins in Copenhagen, Denmark, a medieval fishing village that evolved into one of Europe’s most sophisticated capital cities. That evening you will disembark and continue your adventure aboard the luxurious Crystal Symphony. (August 5)

DAY 3: CRUISE THE BALTIC SEA

Enjoy the luxuries that await you aboard the Crystal Symphony, including: the Feng Shui-inspired Crystal Spa, complimentary language lessons, luxury boutiques, and relaxing tranquil pools. (August 6)

DAY 4: TALLINN, ESTONIA

Marvel at the authentic Hanseatic ambience, still palpable in merchants’ houses that have survived centuries of fire and war, in the Old Town of Tallinn, Estonia. (August 7)

DAYS 5 - 7: ST. PETERSBURG, RUSSIA

Enjoy three days exploring the city founded by “Peter the Great” in 1703 – St. Petersburg! Known as the “Venice of the North,” this city is laced together by 360 bridges that span the canals of the Neva River. (August 8-10)

DAY 8 - 9: STOCKHOLM, SWEDEN; DISEMBARK CRYSTAL SYMPHONY & RETURN TO GATEWAY CITY

Your odyssey concludes with an overnight stay amid the 18th-century opulence of Stockholm. (August 11-12)

For Reservations & More Information: www.InterfraternalCruise.com (800) 323-7373